

GOVERNMENT DEGREE COLLEGE::TIRUVURU

BEST PRACTICES – 2018-19

Title of the Practice : **Donate Blood and Infuse Life**

The context that required the initiation of the programme : Dire need for blood and dearth of it to the patients in dying condition and need to rise to the occasion under social extension and value promotion of the institution example is better than precept.

Objectives of the practice: To teach the students the human value of giving to the needy and living happy and healthy

To remove the fear and prejudice of the students that blood donation may cause loss of vitality.

To give the expert opinion on blood donation that blood once donated will be recovered within three months and motivate the students to come forward for blood donation

To promote leadership qualities such as love, sympathy, prosperity care and concern for others among the students

To inculcate among the students the habit of rising to the occasion and contribute to the public well being.

Practice; on 5.12.2018 donation camp is organized by NSS unit, Health club of the institution in collaboration with Blood Bank Government General Hospital, Vijayawada. NSS officers Sri TV.Durgaprasad with the help of volunteers arranged tables for the blood donors to lay down. A separate table and two chairs on either side of the table are placed on the dais in the e block for the sake of doctor and her assistant, blood bank, Government general hospital to be sealed. First of they prepared the list of blood donors (Staff members and students) with the help of NSS volunteers and prepared the list of eligible blood donors based on blood test report, body weight, age and vitality of the donors. Dr D.Umarani principal (FAC) inaugurated the camp with her kind and befitting remarks to the occasion. Sri Syed Abu Bakar vice principal and Sri M.Sudhakar, lecturer in Mathematics are illustrious among twenty other blood donors. They are kept under observation of doctor for fifteen minutes to extend medical support in case giddiness, high blood pressure and increased body temperature are noticed. Luckily no such symptoms are found and the blood donors served energy drinks and appreciated by all for their noble act. In the blood donation camp Donate Blood and Infuse Life Sri M. Jayaraju, Sri M.Aruna, Sri J.chalam Prasad and Dr G.srinivasarao members of health club ably assisted Sri T.V Durgaprasad, the co ordinator of the camp. Dr D.Umarani, Principl (FAC) and Syed Abu Bakar, Vice Principal gave away words of appreciation and certificates to the blood donors.

Obstacles faced : Initial hesitation for blood donation due to misconceptions, wrong notions and fear psychosis among the students.

Strategies adapted to overcome: Expert doctor counseling and the presence of exemplary donors Syed Abu Bakar and M.Sudhakar and the student-believed and beloved NSS officer T.V.Durgaprasad rooted out all fears and motivated the students to come forward to donate blood.

Resources required: Blood collection bottles and other required equipment are carried by blood bank team and energy drinks are served and blood group & word of appreciation certificates are given

Impact of the practice : Students realized the necessity of blood donation for a dying patient

They learnt that an ounce of practice is better than tons of preaching

This paved the way for voluntary student participation in such generous and heroic deeds like blood donation

About the Institution

- i. Name of the Institution : GDC,Tiruvuru
- ii. Year of Accreditation :2016, March 17
- iii. Address :patha Tiruvuru, Krishna (Dist)
- iv. Grade awarded by NAAC:B
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Blood Donation Camp **GDC Tiruvuru**



**Dr. D. Umarani
Speaking on
Importance
Blood Donation**



**Organized by
NSS Unit**

on 5.12.18

Best practice 2-2018-19

Title of the Practice : Reverence to the Nation Builders

Context that required the institution to initiate the practice: The institute realized that teachers are the unsung heroes and nation builders. Their wisdom, commitment, selfless nature and eternal teaching produced great engineers like Mokshagudam Visweswaraiyah, great teachers like sarvepalli Radha Krishnan, great lawyers like Tanguturi Prakasam and so on. So it is deeply felt that the builders of the nation should be respected. Women are the transformers of the society in all walks of life. Where ever they go, they leave an indelible impression with their competence, patience perseverance and performance. Thus they are nation builders and mothers of the nation builders rather. so their invaluable and unforgettable services must be recognized, appreciated and honoured. In this context the innovative idea **Reverence to the Nation Builders** came into being as a brain child of Sri T.V.Durgaprasad garu, lecturer in Political Science and NSS co ordinator of the institution since 2018.

Objectives of the practice: 1.To show reverence to women- the teachers, the reformers, the architects, the legendaries and the builders of the nation whose priceless contributions and fabulous services are unrecognized. 2.To draw the attention of the students towards this maxim Yatra Naryastu Poojyante Ramante Tatra Devatah- Where the women are honored there the gods are pleased.

Practice: on 8.3.2019 women's day is celebrated with pomp and splendor. Sri Syed Abu Bakar, vice principal of the institution in his opening remarks commemorated the priceless services of women the nation builders and social transformers. T.Hymavathi, lecturer in Mathematics and co ordinator of women empowerment committee shared her personal experiences, hardships she faced and un succumbed courage she showed to grow and to become a lecturer. Then told smt D.Amruthabai, lecturer in Botany and member of women empowerment committee, her struggle story, her indomitable spirit in odds and the way she came up with flying colours to become a role model to the generations to come. Thus in the entire programme that lasted for two hours, the success stories of

Smt K.Annapurna, retired English lecturer and Dr D.Umarani, principal (FAC) and English lecturer of the institution at present and T.V.Durgaprasad, NSS officer and sponsor of the programme are recorded and displayed on virtual screen. Heroic deeds of women are well presented through songs and video clips. All the women (teachers and office staff) are felicitated with bouquet of flowers and shawls at the end and sweets are distributed to all by T.Hymavathi, co-Ordinator, women empowerment committee.

Obstacles faced: Male chauvinism-women are inferior to men is the main obstacle faced and that why not many boys are seen in the programme. Still exemplary teachers like T.V.Durgaprasad with his words and deeds graced the occasion.

Impact of the practice: This best practice Reverence to the nation builders-the women had a great impact on the students. They started believing women are equal to men. They started attending the programmes organized by women empowerment committee and in the next academic year they voluntarily came forward and felicitated Dr D.Umarani, principal (FAC) on account of teachers day.

